

I dumped my man – like Hannah Waterman did!

Since appearing in Fabulous magazine on Sunday Tabitha Prince has been inundated with messages from people across the UK congratulating her on her impressive weight loss and the fact she looks...well, Fabulous!

Tabitha Prince, 28 from Peterborough decided to talk to the glossy magazine that comes with the News of the World about how she dumped her boyfriend after losing weight, just like Hannah Waterman. Tabitha began dating Andrew* in 2006 and just after she'd moved in with him she saw a friend who had lost weight on LighterLife Total – she asked about the programme and soon signed up.

Tabitha lost over six stone with the help of local LighterLife Counsellor Julie Larrington and began to believe in herself, her confidence growing by the day. Unfortunately her relationship with Andrew started to falter and she decided it was best if they split. Tabitha says 'Andrew was a good kind man; he just wasn't the right one for me. Hannah Waterman looks great and has worked hard to achieve her new body. If moving on from her marriage is right for her, who are we to judge?'

After losing weight Tabitha decided on a career change and felt so passionate about LighterLife that she trained to be a local Counsellor in her area. She qualified in 2008 and has since helped hundreds of clients in Market Harborough to lose weight safely and quickly.

Tabitha said: 'I checked on my Facebook page on Monday and had a whopping 85 messages – I couldn't believe it! I had wonderful emails from men and women who said I looked stunning, how great my weight loss was and that I was an inspiration to them. I now know it was the right decision to dump my man! Maybe now I'll be able to find my Prince Charming – I'm sure he's out there...'

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