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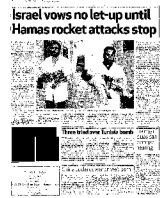
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Headline: One in 10 obese people go over a year without sex



One in 10 obese people go over a year without sex

MORE than one in 10 people classed as clinically obese have gone a year or more without sex, according to a survey published yesterday.

The survey of 3,000 people found that 12pc of those with a high body mass index (BMI) had not had sex because they were so embarrassed about their bodies, while 8pc said they could not remember the last time they made love.

Even sexually active obese people try to avoid their partner seeing their bodies during sex, with a quarter of those surveyed admitting getting undressed and going under the covers first.

The poll, commissioned by slimming company Lighterlife, found that 60pc of women who were a size eight had had sex in the past week, compared with 50pc of size 12 women.